

## EGG SANDWICHES

**BAGEL** w/cream cheese **\$3.75**  
w/ lox & cream cheese **\$6.25**

**THE NIANTIC** **\$11.75**

Bacon, ham, 2 eggs, hash brown, cheddar, and American cheese on choice of bagel

**CHILE RELLENO** **\$10.25**

Ham, 1 egg and cheddar cheese on jalapeño cheddar bagel with a schmear of scallion cream cheese

**THE SQUARE** **\$9.00**

Bacon, 1 egg & cheese on a bacon, egg & cheese bagel

**THE SHORELINE** **\$9.75**

Smoked salmon, 1 egg and provolone cheese on

**THE JAGEL BAGEL** **\$12.00**

A schmear of chipotle cream cheese, 2 eggs, American

**THE LOX** **\$12.75**

Fresh smoked salmon with tomato, thinly sliced red onion, capers, with your choice of cream cheese & bagel

**THE BREAKFAST BURRITO** **\$13.25**

3 eggs, hash brown, American and cheddar cheese, sausage and schmear of scallion cream chees

## SANDWICHES CONT.

**MARGIOTTA** **\$12.75**  
KETO Waffle, 2 eggs, cheddar cheese, bacon avocado with scallion cream cheese

**CORNED BEEF** **\$13.00**  
Corned beef, hash brown, Swiss cheese on choice of bagel

**PHILLY CHEESESTEAK** **\$13.00**  
Steak, cheese sauce, American cheese, onions on choice of bagel

**AVOCADO TOAST** **\$10.25**  
Avocado, cherry tomatoes, scallion, red onion, choice of bagel

**SINGLE EGG** **\$6.00**  
**w/ Bacon** **\$7.25**  
**w/ Ham** **\$8.25**  
**w/ Sausage Patty** **\$9.00**  
**w/ Taylor Pork** **\$9.50**

**BLT** **\$9.75**  
Bacon, lettuce, tomato and mayo on choice of bagel

**TURKEY SANDWICH** **\$12.50**  
Turkey, lettuce, tomato, mayo and red onion on choice of bagel

**HAM SANDWICH** **\$9.50**  
Ham, lettuce, tomato, red onion, mayo on choice of bagel

## BAGEL FLAVORS

Single Bagel: **\$1.95**  
Half Dozen **\$9**  
Dozen **\$18**

Asiago Cheese  
Bacon & Egg  
Cinnamon Raisin  
Egg  
Everything  
Feta Spinach Artichoke  
French Toast  
Jalapeño Cheddar  
Olive Rosemary  
Onion  
Plain  
Poppy Seed  
Red Pepper & Feta  
Roasted Garlic  
Salt  
Sesame Seed  
Tomato Pesto  
Whole Wheat

*\*sales tax added at checkout.*

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## PASTRIES

*We regularly have specials - Our pastry selection varies by day*

<b>DIRT BOMB</b>	<b>\$2.25</b>
<b>CINNAMON BUN</b>	<b>\$3.00</b>
<b>BLUEBERRY MUFFIN</b>	<b>\$2.50</b>
<b>CROISSANT</b>	<b>\$1.95</b>
<b>CHOCOLATE CHIP COOKIE</b>	<b>\$2.75</b>
<b>SCONE</b>	<b>\$2.00</b>

## SMOOTHIES

<b>YOUTHFUL GLOW GREEN</b> Power greens, baby spinach, cucumber, fresh squeezed lemon, banana, ginger, & almond milk	<b>\$8.00</b>
<b>MANGO PINEAPPLE</b> Mango, banana, pineapple, ice & almond milk	<b>\$8.00</b>
<b>MIXED BERRY</b> A variety of berries mixed with ice & almond milk	<b>\$8.00</b>
<b>STRAWBERRY &amp; BANANA</b> Strawberry and banana mixed with ice & almond milk	<b>\$8.00</b>

## CREAM CHEESE

**8oz \$4.50 PLAIN \$5.50 FLAVORED**

Bacon Horseradish	Plain
Berry	Salmon
Brown Sugar	Scallion
Chipotle	Sun Dried Tomato
Olive	Vegetable

## DRINKS

<b>HOT COFFEE</b>	<b>(S) \$2 (L) \$3</b>
<b>COLD BREW</b>	<b>\$3.75</b>
<b>SODA</b>	<b>\$2.89</b>
<b>WATER</b>	<b>\$2.89</b>